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GARDEN REACH

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GARDEN REACH INSTITUTE FOR THE REHABILITATION www.grrehb-institute.com AND RESEARCH

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## FROM THE FOUNDER SECRETARY OF GRIRR



Dear Friends of GARDENR REACH INSTITUTE FOR THE REHABILITATION AND RESESRCH ( GRIRR )

Firstly I want to than you most sincerely for your incredible generosity in supporting the work of the GRIRR over the past five years.

The year 2018-19 was very critical for the Garden Reach Institute for the Rehabilitation and Research (GRIRR) ,marking its strong presence of 5 years in development sector. As of this year, GRIRR has served as a leader in the Field of Disability sectors development in Garden Reach Slums and Khiderpur Watgunge for 5 years. GRIRR's motto is "Putting the Last First," and we approach this goal by focusing our efforts on marginalized Children with Disabilities and, people with

physical and mental disabilities and illnesses, unemployed youth and families living below the poverty line. In order to have the greatest impact, GRIRR uses a holistic approach working in a variety of fields: education, health, socioeconomic and livelihood development, small group support, advocacy and networking. In the reporting year, 2018-2019, GRIRR has gotten involved in many new projects and has expanded continuing projects, which are described in detail throughout the report. Some of the major breakthroughs this year have come in the area of eye health. Strong vision can be a critical factor in allowing people to be self-sufficient, so a new low vision center has been established at the GRIRR CENTER. now collaborated with Bungesu Hari Laxmi Foundation The MP.Birala Eye Clinic, hospital has also started offering intraocular lens surgery to cataract patients free of cost by M.P.Birla Eve Clinic surgeons. In the reporting period, we have mobilized funds through "Our Governing Body Members Monthly Contribution Giving for some Cause" from various businesses and industries. These additional funds have allowed our programs to thrive, especially the Day Care Special School and Physiotherapy Center in Garden Reach, Market-Led Career-Oriented Training Program in Magic Bus, Anudip Foundation, Dr.Reddy Foundation and Indian Institute of Cerebral Palsy Basic Computer skills Management and job placement in different corporate sectors All of our projects have had a great impact, allowing GRIRR to directly provide quality services to over 200 marginalized and deprived people at either free or subsidized costs. The annual summary of GRIRR's activities and impacts is in your hands. We would be grateful for your feedback and comments to encourage us and help us improve our performance. Finally, we would like to express our heartfelt gratitude to all our donors and supporters whose generous help allowed us to implement all of these programs. We are also thankful to our staff and Advisory committee from India, the U.S.A., Paris, whose efforts and dedication contributed greatly to our success. All of our projects have had a great impact.

Thanks With Regards

Hazimkelum

Nazim Khan Secretary

#### MISSION

An inclusive development of society, where children with disabilities and person with disabilities have equal access to education, health, livelihood and good quality of life.

## Vision

Community empowerment and awareness about disabilities. Promoting Inclusive Development. Facilitating access to services related to Habilitation and Rehabilitation. Capacity building of young Person with Disabilities in the field of disability. Make them independent so that can live with dignity in the society.

#### Goal of the GRIRR :

The goal of the project is to help the children to cope with daily/ personal chores and to start the process of formal education with an aim of mainstreaming in future in order to enable them to lead a normal life and to raise awareness on different disabilities with the aim of contributing to create an inclusive society

#### Challenge.

Descriptions of Focal Problem there exist negative attitudes and social taboos against People With Disabilities (PWD) and Children with Disabilities (CWD'S) in many parts of the World and that includes Kolkata district in Garden Reach Slums. This leads to the neglect of theses vulnerable people hampering the developments of their GOD-GIVEN potentials. To Many parents, It is a waste of resource and an unnecessary bother to sed the physically challenged such as the Deaf, the blind or the cripple to school. These children are usually marginalized.

Children with disabilities face multiple forms of discrimination which leads to their exclusion from society and school. Attitudes toward children with disabilities, as well as a lack of resources to accommodate them, compound the challenges they face in accessing education. While lack of access to school is an issue, an equal concern is the inability of the education system to ensure quality education for children with disabilities.

## SPECIAL EDUCATION

Special education teachers work with students who have a wide range of learning, mental, emotional, and physical disabilities. They adapt general education lessons and teach various subjects, such as reading, writing, and math, to students with mild and moderate disabilities. They also teach basic skills, such as literacy and communication techniques, to students with severe disabilities.

**Objective of special education** is to provide a conducive learning environment for students with **special educational needs** (SEN) so as to facilitate their **education**, help them develop their potential to the full, enhance their independence and enable them to become well-adjusted individuals in the community. The service aims to support and empower parents/carers, children and young people through the successes and difficulties of the education process. We aim to assist parents or carers, children and young people to feel confident and have the information and support that they need to make positive informed choices and decisions about their lives in order to:

- Enable children and young people to realise their full potential throughout the educational journey
- Work together with statutory and voluntary agencies who also support children and families GRIRR aims to represent the needs, views and opinions of parents or carers and children and young people to ensure their voice is heard. To achieve this we regularly monitor and evaluate all aspects of our work, and actively seek the views of parents or carers and children and young people in this process.

Different Disability	Male	Female	Total
Cerebral palsy	23	21	44
Intellectuals Disability	9	4	13
Autism	5	3	8
Locomotors Disabilities	16	18	34
Multiple disabilities	2	0	2
Spine bifida	0	2	2
Total	55	48	103





#### PHYSIOTHERAPY

**Physiotherapists for children** (pediatrics physiotherapists) can help children with disabilities to improve movement and function in the body caused by problems with muscles, bones or the nervous system.

The pediatrics physiotherapist has specialized knowledge and experience of how children develop and acquire physical skills. The therapist is concerned with assessing, treating and managing children who have a general delay or disorder of movement which may be improved or controlled.

What a physiotherapist does

The physiotherapist works closely with the family and other team members. They will work with you to develop a suitable treatment programme for your child. They will discuss your concerns regarding your child's physical development.

Some children will need physiotherapy for a few months, but for others it will be helpful throughout their lives. It may take the form of individual sessions or group sessions.

Children's needs change and so do the needs of families. The physiotherapist may want to see your child very frequently at some stages and less frequently at other times.

Treatment programme

A physiotherapist will assess your child and find the best treatment programme for them.

The physiotherapist will consult with you about developing a treatment programme and involve you in activities to achieve these goals. A treatment programme will include long-term and short-term, achievable goals. Treatment programmes may consist of positioning and handling through play as well as specific exercise programmes. Ideally the treatment programme is a part of the daily routine of the child.

It is important that the child, parents, carers and the physiotherapist work together as a team. The physiotherapist will work with your child's school if necessary.







## SPEECH THERAPY

Speech therapist or speech-language pathologists are trained personnel who work with children having speech-related disorders. They also provide screening, consultation, assessment, diagnosis, treatment, management and counseling services for children with special needs. Speech therapy plays an important role towards the holistic development in a child with autism spectrum disorder. It improves overall communication, enhances social skills, enables to cope up better with the society and function in day-to-day life. It should be started as early as diagnosis is made.

## Role of speech therapist

Speech therapist does much more than simply teaching a child to correctly pronounce words. In fact, a speech therapist working with an autistic child may work on a wide range of skills including:

**Speech articulation**: by oromotor exercises of lip and facial muscles, the way a child moves mouth while saying certain words and sounds. **Communication**: This includes teaching gestural communication, or training with PECS (picture exchange cards), electronic talking devices, and other non-verbal communication tools.

Comprehension: The speech therapist engages the child in a functional language activities that involve cognition and social interaction.

Speech pragmatics: Use of speech to build social relationships.

Conversation skills: Self Talk, parallel talk, sentence elongation, situational talk

Conceptual skills: Big and small concept, left & right concept, color concept, body parts concepts, yes and no concept

Facts about speech therapy Many parents make the mistake of considering speech therapy as a miracle cure, the solution to get their children up to speed in terms of their expressive, linguistic skills. It is not a cure, it is just training them to be better and help them to cope up with the surroundings.

Just sending the child to a speech therapist for a few hours is not enough for training. The activities need to be practiced at home.

Results are fast and evident within 3-4 sittings. Results need time and patience.

Parents need to replicate the plan explained by the therapist at home.

Therapy must be a part of routine activity in such a way that the child is not even aware that he or she is undergoing a "therapy session"





# FREE SURGERIES & AIDS & APPLIANCES FITMENT CAMP

We have conducted free Screening and fitment cam (Artificial limbs and limb support for person's with disabilities as well as children with disabilities for a bright future .Preference to pediatric case below the age of 18 years for surgery.in Collaboration with International Society for Human welfare and Rehabilitation ,Delhi and KbH (KinderfuBe brauchen Hilfe Austria)

Pre -Screening Camp on 17th November 2018, At Out organization premises .

Surgery and Fitment camp on 1st January 2019 at Hope Hospital.

This surgery will assist them to improve their ability of walking ,thus making their future bright.

Artificial limbs and caliper will also be fitted free.













## AIDS AND APPLIANCES

Aids and appliances help people with disabilities or age-related constraints to achieve more autonomy and mobility. They can also be used as part of a rehabilitation program as well as contributing to a better integration of people with disabilities within society.

The orthosis is an orthopaedic device with a support and a posture correcting function. The technical help serves as stabilization, in mobilization, load relief, guidance or correction of the body and the limbs concerned.

The definition of the term Orthotics is not easy. Simply said an orthotics transfers mechanical power from outside to the human body and therefore can positively influence the static and dynamic of the skeleton as well as the muscle apparatus. The medical reference book Pschyrembel writes about the application of orthopaedic braces with straps, trunk support girdles or waist bands and corsets.



## FREE CATARACT EYE OPERATION CAMP.

The **objective** of the **camp** was to create awareness about **eye** disorders and their early detection among underprivileged people and to detect refractive errors and **eye** aliments among the community people. The **camp** was organized in collaboration with M.P.Birla eye foundation.

GRIRR is committed to bring the positive changes in the eye care sector by addressing the challenges of non-availability and non-affordability of quality eye care. The global burden of blindness due to cataract is increasing day by day. In such scenario GRIRR's Gaol is To eliminate needless blindness .Thus we follow where 100% of the beneficiaries receive free eye care every months. GRIRR helps those patients who cannot afford to spend a lot for getting their eyes treated. GRIRR is a unique initiative By Garden Reach Institute Rehabilitation and Research to help such patients to get eye treatment at an affordable cost. GRIRR Monthly Eye Clinic has unfortunately seen numerous patients who could not afford even the basic necessities of life. This section of the community also suffers from eye diseases and undergo the mental agony of suffering like everyone else. These patients have made us put our thinking caps on. We have our determination to help these patients.





# **GOVERNING BODY LIST**

Sl.No.	Name	Status	Qualification	Occupatio n	Residential Address
1	Mr.Rajesh Kumar Roushan	President	Bachelor Of Physiotherapy .	Physiother apist	200,R.B.C. Road , dum Dum Cantonment ,Ko Ikata-700028
2	Miss.Suparna Mondal	Vice President	M.Sc. With B.Ed. In Special education.	Special Educator	C/O-Aviram Mondal,Vill.+P. O Palashpai,P.S Daspur,Dist Paschim Medinipur,Pin- 721146
3	Mr. Nazim Khan	Secretary	Bachelor Of Social Work.,Master Of Social Work .	Social Worker	J102/A,Goshya Lane ,Ram Nagar Lane . Garden Reach .Kolkata- 700024
4	Miss Fatema Khatoon	Asst, Secretary	Rehabilitation Therapy Assistant	Physiother apist	D/O Md.Ekram G-175/A Dhan Kheti Garden Reach- Kol- 700024
5	Dr. Tarkeshwar Singh	Treasurer	RUMT (Cal)	Prectis	D-1742 T.G Rd . Garden Reach , Kolkata- 700024.
6	Gulshama Bano	Member	B.com	Social worker	B-5,price Dillwar Jha Lane, Garden. Reach.Kolkata 700024
7	Saleha Khatoon	Member	ВА	Social worker	H-49,Golam Abbas Lane.Garden Reach Kol-700024.

## AUDITER REPORT



GARDEN REACH	I INSTITUTE FOR THE	REHABILITATION AND RESEAR	<u>CH</u>
	REGD.NO-S/2L/31		
G	250/B, RAM NAGAR LA	NE, GARDEN REACH	
	KOLKATA	-700024	1
	Balance Sheet as at a	<u>31st March, 2019</u>	
LIABILITIES	AMOUNT	ASSETS	AMOUNT
Capital Fund	37,623.00	Fixed Assets	1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.
Less: Deficit	336.80	Furniture & Fixtures	5,000.00
	37,286.20	Office Equipments	16,781.00
Sundry Creditors	20,000.00	Closing Balance	
	20,000.00	Cash at Bank	25,747.50
	1.2000.00	Cash in Hand	9,757.70
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#### GARDEN REACH INSTITUTE FOR THE REHABILITATION AND RESEARCH

REGD.NO-S/2L/31563 OF 2014-15

#### G250/B, RAM NAGAR LANE, GARDEN REACH

#### KOLKATA-700024

## Income & Expenditure A/c. for the year ended 31st March, 2019

EXPENDITURE	AMOUNT	INCOME	AMOUNT
Cloth Distribution	8,500.00	Subscription	182,820.00
Printing & Stationary	3,240.00	Bank Interest	924.00
Cultural Programmes	5,090.00	Excess of Exp. over Income	336.80
Travelling & Conveyance	6,122.00		
Meeting & Conference Expenses	1,500.00		
General Expenses	5,567.80		
Small Workshop	15,387.00		
Office Rent & Electricity	28,000.00		C C C C C C C C C C C C C C C C C C C
Staff Salary	57,699.00		20,000,000
Telephone & Internet Charges	1,197.00		
Medical Aid/ Physio Therapy	9,969.00		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Office Expenses	11,637.00		
Misc. Expenses	17,178.00		
Program Promotion	12,994.00	Cararo Promotivo	- 1000 CO.
	184,080.80	to they Dolympy	184,080.80

In terms of our report of even date. FOR, N K JHA & COMPANY

Place: Kolkata Date: 23rd August, 2019

> Garden Reach Institute For The Rehabilitation and Research With With President

Garden Reach Institute For The Behabilitation and Research Dasunck Secretary



FRN. 329955E

(Nishi Kant Jha) Proprietor M.No. 066687

9

GARDEN REACH INSTITUTE FOR THE REHABILITATION AND RESEARCH REGD.NO-S/2L/31563 OF 2014-15 G250/B, RAM NAGAR LANE, GARDEN REACH KOLKATA-700024 Receipts & Payment A/c. for the year ended 31st March, 2019 RECEIPT AMOUNT PAYMENT AMOUNT **Opening Balance** Cloth Distribution 8,500.00 Cash at Bank 52,165.30 Printing & Stationary 3,240.00 Cash in Hand 457.70 Meeting & Conference Expenses 1,500.00 Donation & Subscriptions 182,820.00 Cultural Programmes 5,090.00 Bank Interest 924.00 Travelling & Conveyance 6,122.00 Small Workshop 15,387.00 General Expenses 5,567.80 Office Rent & Electricity 28,000.00 Staff Salary 57,699.00 Telephone & Internet Charges 1,197.00 Medical Aid/ Physio Therapy 9,969.00 Office Expenses 11,637.00 Office Equipments 16,781.00 Misc. Expenses 17,178.00 **Program Promotion** 12,994.00 **Closing Balance** Cash at Bank 25,747.50 Cash in Hand 9,757.70 236,367.00 236,367.00 In terms of our report of even date. FOR, N K JHA & COMPANY Chartered Accountants & C FRN. 329955E Place: Kolkata Q. Date: 23rd August, 2019 (Nishi Kant Jha) Proprietor M.No. 066687 Garden Reach Institute For The Rehabilitation and Research President For The Garden Reach Institute For The Rehabilitation and Research # yojee Secretary

#### SUCCESS HISTORIES OF ORGANIZATION

**Taushif Raza** is a 9 yrs old Male child of Md. Taslim and Tabassum Ara, who diagnosed as Rickets with Bilateral Genu Valgum deformity . He has 2 brother and 1 sister. In December 2018 we found him in door to door survey and we aware about GRIRR Service and cancelling with mother about Rehabilitation service of GRIRR. In last week of December 2018 Endolite company has organized a free orthopedic camp in GRIRR supported by ISHWAR(International Society for Human Welfare And Rehabilitation) and they selected taushif for corrective surgery.

His father work as labour and earn Rs 200/-month ,his family background is very poor as they are 6 person staying in one small

room . They didn't taken any treatment as they cannot afford the cost .In January 2019 he had gone under corrected surgery by ISHWAR followed by PHYSIOTHERAPY & Orthosis management .Now the deformity corrected 99% and as per his mother, she was very happy and said " before he we're not able to do prayer as he is not able to fold the Legs which is also very difficult to him during toileting. But now he is using toilet without any difficulty and even he is doing 5 times prayer everyday.

**Pooja Shaw** is a 6 years old female child of Binod Shaw and Chanda devi who diagnosed as Rickets with Bilateral Genu Varum deformity . She has 6 brother and she is the youngest girl child. His father work as labour in kite shop and earn 1000/week. In October 2017 Pooja came to GRIRR ,before they were taking treatment from the other rehabilitation NGO but as they closed the center so they got to know about GRIRR. Our physiotherapist assessed her and plan intervention and Individual Rehabilitation Plan (IRP) Which includes:-

- 1) Calcium & vitamin D3 medicines
- 2) Physiotherapy
- 3) Orthosis
- 4) Diet plan
- 5) Home based management.

Her father was the main taking care of the child and he we're very positive to her disability. He followed all the steps as physiotherapist thought him

Now Pooja deformity has corrected 100% and his father said " I always see my child while going school and feel very happy and pray for you all and those children who has disability.

I lost my hope that my child can be cure but after coming to GRIRR I started hoping the best for my child".

Before After



## **ENGAGE WITH GRIRR**

**Support** the cause of underprivileged children... Be a partner in our endeavor to make a better future for the children of the weaker sections... Get involved. There are many ways you can get involved with the children of GRIRR and make a difference in their lives.

**Volunteer:** You can volunteer your services for the children. You can also volunteer for documentation or office works. Send an email or fill in online applications on our website for volunteering.

**Internship:** If you are a student you can join us as an intern and contribute effectively for the children . Our doors are always open for students from various professional, technical and other fields.

**Visit Us:** Our children get encouraged and inspired to do better when you meet them .Visit our project sites and get in depth knowledge about the activities being conducted for the children and their parents. Email us to let us know you wish to visit. Detailed contact numbers and addresses are available on our website and in this report

Spread the Word: It needs few small steps to spread the word about the children of GRIRR

Join us on Facebook facebook.com/grirr.rehabilitation), follow us on Twitter GRIRR

#### **Rehabilitation**

## @GRIRRRehabilit1 and YouTube

# https://www.youtube.com/channel/UCbwv9DH1Q4CFdEvvTooIm1g

**Raise Resources:** We need you as a partner to raise resources for these children. There are many ways by which you could join us to raise resources - become a volunteer for fund raising, tell your friends and relatives to sponsor children, get a corporate contact and above all spread the word for the cause of the children

## WELL WISHERE

- Kolkata Gives
- Mr.Shamsuzzama Ansari (Members, Mayor -in council in KMC)
- Bagaria Group
- Chandan Reddy
- Raj Kumar Shaw
- Nazim Khan
- Ranju Sengupta
- Farazuddin
- Gulam Rabbani
- Supana Mondal
- Fatema Khatoon
- Rajesh Kumar Roushan
- Gulshama Bano
- Md Sheru
- Md Sarfaraz

## PARTICULARS REGISTRATION

REGISTRATION

SOCIETY REGISTRATION S/2L/NO.31563 OF 2014-2015

PAN AAEAG0236H

80G (5) (vi) of the I.T Act 1961 CIT (EXMPTIO)KOLKATA/80G/2019-20/A/10015

12A of I.T Act 1961 CIT(EXMPTION)KOLKATA /12AA/2018-19/A/10505

Darpa NITI Aayog WB/2018/0199106

Guide star Number (GSN)11133

**BANK DETAILS** 

Bank of India Account Name : GARDEN REACH INSTITUTE FOR THE REHABILITATION AND RESEARC

Account Number : 400810110013396

IFSC code: BKID0004008

**Branch : Garden Reach :** 



## Join our Movement.....

Garden Reach Institute for the Rehabilitation and Research (GRIRR) is a movement with a goal of ensuring rights for vulnerable children. This movement cannot sustain or succeed without your activities support and cooperation .Join us and be an active part of this wonderful initiative. You can become a partner to our initiative by supporting our project, sponsoring activities and events or by becoming our volunteer and be productively involved in capacity building and skill enhancement. Visit us our centre Garden Reach Institute for the Rehabilitation and Research (GRIRR) is located at Garden Reach near Dhanketti Bazar. Call us, come and be with our children Garden Reach Institute for the Rehabilitation and Research (GRIRR) is your Centre too.

Your donation will give good quality of life to children with disabilities. For donation enquiries please call+919831517499/9903623391/7439179176/8240461469 or email.grirrsecretary@gmail.com

Please note that all contribution made are eligible for exemption under section 80G of the Income tax Act.



## GARDEN REACH INSTITUE FOR THE REHABILITATION AND RESEARCH

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